

KURSPLAN

| MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG | SAMSTAG | SONNTAG |
|--|---|--|--|--|---------|---|
| 09.30 - 10.50 Yoga Cristian | 10.00 - 10.50 Zumba® Britta | | 10.00 - 10.50 Power Pilates Karin | | | 10.30 - 11.30 Kurs laut Aushang |
| 11.00 - 11.50 Bodystyling Daniela | | | 11.00 - 11.50 Rückenfit Karin | | | |
| 18.00 - 18.50 Tae Bo® Valerie | 18.00 - 18.50 Rückenfit Ina | 18.00 - 18.50 Zumba® Oliver | 18.00 - 18.50 DeepWORK® Vanessa | 18.00 - 19.20 Yoga Cristian | | |
| 19.00 - 19.50 Zumba® Kerstin | 19.00 - 19.50 Power Pump Ina | 19.00 - 20.30 Yoga Olesya | 19.00 - 19.50 Tae Bo® Sarah | | | |

